| | | | Volunteers | |
|------------------------------------|----------------------------|------------------|------------|---------------------|
| Date | Event | Team Working | Needed | Time |
| Tuesday, November 28, 2023 | Girls Basketball | Girls Golf | 2 | 6:00 PM |
| Friday, December 01, 2023 | Boys Basketball | Tennis | 3 | 5:00 PM |
| Friday, December 08, 2023 | Boys Basketball | Track | 3 | 5:00 PM |
| Thursday, December 14, 2023 | Wrestling | Girls Basketball | 2 | 6:00 PM |
| Friday, December 15, 2023 | Girls Basketball | Softball | 2 | 6:00 PM |
| Monday, December 18, 2023 | Gymnastics | Boys Basketball | 3 | 5:00 PM |
| Tuesday, December 19, 2023 | Boys Basketball | Girls Lacrosse | 3 | 5:00 PM |
| Thursday, December 21, 2023 | JV Scuffle | Board | 3 | 9:00 AM |
| Friday, December 22, 2023 | Girls Basketball | Boys Golf | 2 | 6:00 PM |
| Friday, December 29, 2023 | Boys Basketball | Boys Soccer | 3 | 5:00 PM |
| Friday, January 05, 2024 | Boys Basketball | Girls Volleyball | 3 | 5:00 PM |
| Saturday, January 06, 2024 | Wrestling Tormasi | Cross Country | 2 | 8:30 am to 12:00 PM |
| Saturday, January 06, 2024 | Wrestling Tormasi | Cross Country | 2 | 12:00 PM to 3:30 PM |
| Saturday, January 06, 2024 | Wrestling Tormasi | Cross Country | 3 | 3:30 PM to 7:00 PM |
| Tuesday, January 09, 2024 | Boys Basketball | Boys Lacrosse | 3 | 5:00 PM |
| Thursday, January 11, 2024 | Wrestling | Football | 2 | 6:00 PM |
| Friday, January 12, 2024 | Girls Basketball | Girls Golf | 2 | 6:00 PM |
| Tuesday, January 16, 2024 | Girls Basketball | Boys Soccer | 2 | 6:00 PM |
| Thursday, January 18, 2024 | Wrestling | Football | 2 | 6:00 PM |
| Friday, January 19, 2024 | Girls Basketball | Softball | 2 | 6:00 PM |
| Saturday, January 20, 2024 | Wrestling D-Town Throwdown | Girls Soccer | 3 | 9:00 am to 12:30 PM |
| Saturday, January 20, 2024 | Wrestling D-Town Throwdown | Girls Soccer | 3 | 12:30 PM to 4:00 PM |
| Tuesday, January 23, 2024 | Boys Basketball | Boys Golf | 3 | 5:00 PM |
| Friday, January 26, 2024 | Girls Basketball | Boys Lacrosse | 2 | 6:00 PM |
| Saturday, January 27, 2024 | Wrestling-Rieman | Track | 3 | 9:00 am to 12:30 PM |
| Saturday, January 27, 2024 | Wrestling-Rieman | Track | 3 | 12:30 PM to 4:00 PM |
| Saturday, January 27, 2024 | Wrestling-Rieman | Track | 3 | 4:00 PM to 7:30 PM |
| Tuesday, January 30, 2024 | Girls Basketball | Baseball | 2 | 6:00 PM |
| Friday, February 02, 2024 | Boys Basketball | Tennis | 3 | 5:00 PM |
| Tuesday, February 06, 2024 | Girls Basketball | Gils Volleyball | 2 | 6:00 PM |
| Thursday, February 08, 2024 | Wrestling | Football | 2 | 6:00 PM |
| Friday, February 09, 2024 | Girls Basketball | Tennis | 2 | 6:00 PM |
| Tuesday, February 13, 2024 | Boys Basketball | Girls Lacrosse | 3 | 5:00 PM |
| Friday, February 16, 2024 | Boys Basketball | Boys Volleyball | 3 | 5:00 PM |
| Saturday, February 17, 2024 | Wrestling Tournament Girls | Baseball | 3 | 9:00 am to 12:30 PM |
| Saturday, February 17, 2024 | Wrestling Tournament Girls | Baseball | 3 | 12:30 PM to 4:00 PM |
| Girls Basketball typically ends ar | - | | | |
| Boys Basketball typically ends ar | | | | |
| Wrestling Duals typically end tin | | | | |